

If in the past 14 days you have travelled to a country where  
the **NOVEL CORONAVIRUS**  
is spreading and you exhibit any of the following symptoms:  
**fever, cough, shortness of breath, breathing difficulties,**

you should immediately notify a sanitary-epidemiological station **via phone:**

tel.

or

if you are experiencing more severe symptoms, call the emergency number 112  
or immediately seek medical help at an infection ward – the nearest ward

tel.

**NATIONAL HEALTH FUND'S HELPLINE FOR MATTERS RELATED  
TO THE NOVEL CORONAVIRUS – 800 190 590**

## **IMPORTANT !!!**

If you suspect you have been infected but are not showing any symptoms, stay at home and **avoid contact with other people** to prevent the virus from spreading.

If you have any doubts concerning your health, consult them **VIA PHONE** or using other remote methods.

**Do not go to a primary health clinic** (unless you are asked to do so within a prescribed time-frame) **and do not go to the hospital** without first seeking advice on where you should go and whether it is necessary.

One sick patient (**it could be you**) may infect everyone else in the waiting room!!!

- Wash your hands frequently with water and soap or an alcohol-based hand sanitiser.
- Refrain from touching your eyes, nose and mouth.
- Cough or sneeze into your upper sleeve or cover your mouth and nose with a tissue when you cough or sneeze.
- Avoid close contact with sick people.